



# SOCIAL DISTANCING 101:

By definition, **social distancing** means staying home, avoiding crowded public places, avoiding large gatherings, and staying at least 6 feet away from others whenever possible.

1

## STAY HOME

Only leave the house when absolutely necessary. Try to go to the store only once a week. Work/study from home if possible.



2

## AVOID CROWDED PUBLIC PLACES

Avoid places where large numbers of people get together such as parties, crowded parks, shopping centers and health care settings (except for necessary services).



3

## AVOID LARGE GATHERINGS

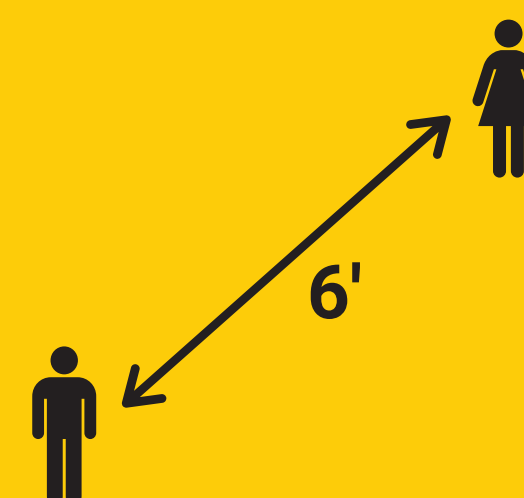
Avoid gatherings, even if you believe all of these people to be healthy.



4

## KEEP A 6 FOOT DISTANCE

Stay at least 6 feet away from others to reduce your risk of contracting COVID-19.



## FOR MORE SAFETY TIPS VISIT:

[WWW.FCDPH.ORG/COVID19](http://WWW.FCDPH.ORG/COVID19)